

WOMEN AND DIABETES  
**OUR RIGHT TO A HEALTHY FUTURE**

WORLD  
DIABETES  
DAY

Control your Diabetes,  
Keep your Health on.....

14<sup>th</sup> Nov 2017

**T R A C K**



Take medicines  
as advised by  
your doctor



Reach and  
maintain healthy  
weight



Add more  
physical  
activity to UR  
routine



Control your  
ABC'S  
HbA1, BP,  
Cholesterol



Kick the  
Smoking  
habbit

Medical Section, TIFR

## **Women & Diabetes Few Facts**

## **OUR RIGHT TO A HEALTHY FUTURE**



**World  
Diabetes Day**

- 1) 1 in 10 women are living with diabetes.  
Many do not have access to education, treatment & care.**
- 2) 199 million women with Diabetes globally, expected to rise up to 313 million by year 2040.**
- 3) Diabetes is the ninth leading cause of death in women globally accounting for about 2.1 million deaths annually.**
- 4) 2 in 5 women are in the reproductive age group i.e. between 15 to 45 years.  
(Approx. 60 million)**
- 5) 1 in 7 births is affected by Gestational Diabetes Mellitus. Protect the health of mother & child by improving access to screening, care & education.**
- 6) Women with type 2 diabetes have 10 times greater risk of coronary heart disease than women without Diabetes.**
- 7) Women with type 1 diabetes have an increased risk of early miscarriage or having a baby with malformations.**

**ACT TODAY TO CHANGE TOMORROW**